

# Bereavement Cafés



**Informal friendship groups for bereaved adults.**

**A space to support each other and find information about other services.**

**Costessey Library - Mondays 5.30-6.30pm**

**Cromer Library - Tuesdays 12.00 - 1.00pm**

**Hunstanton Library - Tuesdays 2.00-3.00pm**

**Gaywood Library –Thursdays 11.00 –12.00pm**

**Dereham Library –Thursdays 11.30-1.00pm**

**Downham Library –Thursdays 12.30 –1.30pm**

**Holt Library - 3rd Monday of the month 2.00-3.30**